

Professor Peter Wong

PhD, Grad Dip Clin Epi, FRACP, CCPU, A/FRACMA

Head of Rheumatology, Western Sydney Local Health District;
Clinical Professor, Sydney Medical School;
Medical Director & Chair, Healthy Bones Australia Medical &
Scientific Advisory Committee, **SYDNEY**

Professor Peter Wong is Head of Rheumatology for the Western Sydney Local Health District Clinical; Clinical Professor at Sydney Medical School and MD Research co-Coordinator at Westmead Clinical School.

He also serves as both Medical Director, and Chair, of the Healthy Bones Australia Medical and Scientific Advisory Committee.

Prior to assuming his role at Westmead Hospital in February 2019, Prof Wong spent 11 years in clinical practice in Coffs Harbour, NSW, where he helped establish the first Fracture Prevention Clinic, and the first Pulmonary Arterial Hypertension Service in regional Australia. He continues to visit Coffs Harbour regularly, offering specialist Rheumatology services to those in need.

Prof Wong is passionate about improving osteoporosis care in Australia and raising awareness of bone health. He strongly advocates for improved osteoporosis management and encourages health professionals to utilise advances in diagnosis and treatment for at-risk patients.

He specialises in the biologic treatment of inflammatory arthritis, osteoporosis, vaccination in rheumatology patients and point-of-care ultrasound. Current research interests include the use of musculoskeletal ultrasound in improving medication adherence, assessment of osteoporosis refracture prevention models of care, bone health in men commencing androgen deprivation therapy for prostate cancer and vaccination in immunosuppressed Rheumatology patients.

Prof Wong completed his PhD focusing on the molecular biology of inflammatory arthritis and bone disease at the WEHI/Melbourne University in 2006 and holds a Graduate Diploma in Clinical Epidemiology and Biostatistics from Newcastle University.

In 2024, Prof Wong was a co-author and Chair of the National Osteoporosis Guideline Review Committee, contributing to the updated RACGP and Healthy Bones Australia guidelines for osteoporosis management and fracture prevention.

He also participated in the launch of the "Osteoporosis and Fractures in Australia: A burden of disease analysis 2023–2033" report at Parliament House, and presented to GPs nationwide at key clinical conferences, including HealthEd Adelaide in 2025.

Professor Wong continues to advocate for national action on poor bone health, highlighting key findings from Healthy Bones Australia's latest **Know Your Bones Community Risk Report (Fourth Edition 2025)** to drive policy change and public awareness.

Prof Wong noted that a fracture at any site in the body, associated with osteoporosis, is considered serious.



“General practitioners work at the front line of osteoporosis care and there are a range of treatment options available to manage osteoporosis,”

“We must intervene early, diagnose bone fragility and treat osteoporosis,” said Prof Wong.

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To coordinate an interview with Professor Peter Wong, please contact:

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