

Dr Karen Magraith **BMBS, FRACGP**

General Practitioner; Clinical Senior Lecturer, University of Tasmania;
& Medical & Scientific Advisory Committee Member,
Healthy Bones Australia, **HOBART**

Dr Karen Magraith is a Hobart-based General Practitioner, a leader in women's health, preventive medicine, and medical education, and a member of the Medical and Scientific Advisory Committee for Healthy Bones Australia.

A long-standing advocate for improving the diagnosis and management of menopause and osteoporosis in primary care, Dr Magraith is also a Past President of the Australasian Menopause Society (AMS).

Dr Magraith is a Fellow of the Royal Australian College of General Practitioners (RACGP). In addition to her clinical practice, Dr Magraith is involved in postgraduate GP education. She is a Clinical Senior Lecturer at the University of Tasmania and is an author of several peer-reviewed papers.



Dr Magraith has worked closely with Jean Hailes for Women's Health, contributing to key practitioner education initiatives and presenting widely accessed webinars on menopause.

She actively shares her expertise on osteoporosis management through platforms like *The Good GP* podcast, where she discusses the latest clinical guidelines and effective strategies for personalised treatment, patient education, and collaboration between GPs and other clinicians.

In support of Healthy Bones Australia's **Know Your Bones Community Risk Report (Fourth Edition 2025)** Dr Magraith advocates for early risk identification and better integration of bone health management into routine GP care, especially for women in midlife and menopause.

Dr Magraith stressed "We need to raise awareness about the importance of bone health and protect bone health in the community. Women in particular, should be aware during menopause."

"Once osteoporosis is diagnosed, we can take active steps to treat it and significantly reduce the risk of fractures. Even after a fracture has occurred, effective management can help prevent further fractures," said Dr Magraith.

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To coordinate an interview with Dr Karen Magraith, please contact:

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